



The Roth Conversion Playbook

A Tax-Saving Guide for High-Income Professionals

Why This Matters

If you're a W-2 professional, RSU/stock option holder, or business owner in a high tax bracket today, a Roth conversion can be one of the most powerful — and most misunderstood — tools for reducing your **lifetime** tax bill.

Done well, it shifts money from a "tax-deferred" bucket (Traditional IRA/401(k)) into a "tax-free forever" bucket (Roth IRA), permanently locking in today's tax rate on the converted amount and letting all future growth come out completely tax-free.

Done poorly, it can push you into a higher bracket, trigger surprise Medicare surcharges, or waste money you didn't need to spend.

This guide walks through the core mechanics so you can have a smarter conversation with your tax professional.

1. What Is a Roth Conversion?

A Roth conversion moves funds from a Traditional IRA (or old 401(k)) into a Roth IRA.

- You pay **ordinary income tax now** on the amount converted.
- In exchange, that money — and all future growth — is **never taxed again**, as long as IRS holding-period rules are met.

- There is **no income limit** on who can do a conversion (unlike direct Roth IRA contributions, which phase out at higher incomes).

In short: you're choosing to pay tax today at a rate you can see, instead of an unknown rate decades from now.

2. Who Tends to Benefit Most

Roth conversions are not right for everyone. They tend to make the most sense for:

- **Low-income years** — between jobs, a sabbatical, early retirement before Social Security/RMDs begin, or a year with unusually low business income.
 - **Professionals expecting higher future tax rates** — younger high earners early in their career, or anyone who expects tax brackets to rise before retirement.
 - **Investors with a long time horizon** — the longer the money grows tax-free, the more valuable the conversion becomes.
 - **People concerned about Required Minimum Distributions (RMDs)** — converting now can reduce forced taxable withdrawals later in life.
 - **Clients planning to leave assets to heirs** — Roth IRAs pass to beneficiaries tax-free, which can be significantly more valuable than a Traditional IRA under current inherited-IRA rules.
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3. The Key Risks to Watch

- **Bracket creep** — converting too much in one year can push ordinary income into a higher marginal bracket.
- **Medicare IRMAA surcharges** — for those on or near Medicare, a large conversion can raise Medicare Part B/D premiums two years later.
- **Loss of subsidies or credits** — a conversion increases Modified Adjusted Gross Income (MAGI), which can affect ACA health insurance subsidies, the Net Investment Income Tax (NIIT) threshold, and other income-based phase-outs.
- **The 5-year rule** — each conversion has its own 5-year clock before it can be withdrawn penalty-free if you're under 59½.
- **Paying the tax from the wrong source** — using funds *from* the IRA itself to pay the conversion tax reduces the amount that grows tax-free and may trigger an early-withdrawal

penalty if you're under 59½. Ideally, pay the tax bill from outside savings.

4. "Bracket-Fill" Conversion Strategy (High-Level)

A common approach — often called **bracket filling** — is to convert just enough each year to use up the remaining room in your current tax bracket without spilling into the next one.

Illustrative example only (not personalized advice):

Step	Action
1	Estimate your projected taxable income for the year
2	Identify the top of your current federal tax bracket
3	Convert the difference — filling the bracket, not exceeding it
4	Repeat annually, adjusting for RSU vesting, bonuses, or business income swings

This is especially useful in a year with an equity compensation gap (e.g., between vesting events) or a slow business year — exactly the kind of year many of our tech-industry and self-employed clients experience.

5. Quick Self-Check

Ask yourself:

- ☐ Do I expect this year's income to be lower than a typical year?
- ☐ Do I have cash **outside** my retirement accounts to pay the conversion tax?
- ☐ Am I comfortable locking in today's tax rate on the converted amount?
- ☐ Am I nowhere near a Medicare IRMAA income threshold (or have I already accounted for it)?
- ☐ Do I have a multi-year time horizon before I'll need this money?

If you checked most of these boxes, a conversion is worth modeling in detail.

Next Step

Roth conversion decisions are highly dependent on your specific income, filing status, RSU/vesting schedule, and multi-year tax projections — this guide is educational only and is not personalized tax advice.

Want to know your exact conversion number for this year?

BookBright Solutions LLC offers a **Tax Assessment** engagement where we model your Roth conversion opportunity against your actual income, brackets, and equity compensation schedule.

 **Book your free consultation:** www.bookbrightsolutions.com

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